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Introduction

St Edmund’s, popularly known as Eddies, is known for being one of the most international colleges in Cambridge, with students from over 70 nationalities in the college. As a mature college, we benefit from a vibrant and diverse community from all walks of life.

The friendly atmosphere amongst students, staff, and senior members of College translates into a busy and varied social life at Eddies. You are sure to make friends from all over the world, never be short of stimulating conversation, and have a wide range of both social and academic events to participate in within College. At our formal dinners, we have no Head Table unlike most other Colleges and so you’ll socialise with students and Fellows alike, over the most diverse range of topics imaginable.

The College is not only a place for single students either and we are proud to accommodate students with families. We provide many opportunities to students and their families in the form of a community for their children, special privileges for spouses, and family accommodation in the vicinity of the College. They in turn add something truly refreshing to the College environment and so we will always try our best to ensure that they and you all have a great experience of Eddies!
Welcome from the Senior Tutor

Dear students,

I am writing to welcome you cordially not only to St Edmund's College, but to the University of Cambridge. We have a diverse and international community here, of which, you will be a part. From October, you will have the opportunity to participate in this community, to share your experiences and strengths with others, and to learn from them in return. I am sure you will make many new friends and contacts during your stay in Cambridge, some of which may last for the rest of your life.

Each year we produce a booklet entitled “Notes for Members” (commonly known as the “Blue book”). The new edition of this booklet, containing detailed information about membership of the College and other relevant information, can be found online. I advise you to read this booklet carefully as much of what it contains will be relevant to you during your time at St Edmund's.

Awaiting you on your arrival will be a warm welcome from myself, the tutorial team, and other members of the College, all of whom you will have the opportunity to meet during Freshers’ week at various events.

I wish you a happy and enriching time at St Edmund’s College.

Dr Judith Bunbury
Senior Tutor
Who’s Who

The College is owned and governed by the Governing Body, which consists of the Master and Fellows of the College and has ultimate authority for the running of the College. Fellows are typically holders of academic posts in the University of Cambridge that are formally linked to the College. The day-to-day activities of the College are organised and run by the Council, which is advised by several smaller committees which meet regularly. A complete list of these committees is detailed in the Blue Book.

Senior College Administration

The Master is chairman of the Governing Body and the Council. They keep in close touch with various officers in their work and represent the College in various ways.

The Vice-Master deputises for the Master in their absence and undertakes other duties assigned by the Governing Body.

The Senior Tutor has overall responsibility for Tutorial matters in their various aspects and is Chair of the Tutorial Committee. They also have overall responsibility for matters relating to the education, discipline, and welfare of the students of the College.

The Dean is responsible for the College Liturgy in accordance with the current rites and ceremonies of the Roman Catholic Church, and works closely with the Tutors on matters of student welfare. He is Chair of the Dean’s Committee and is always happy to meet students to discuss personal or pastoral matters.

The Bursar is responsible for the non-academic administration and for the financial and domestic management of the College. The staff of the College report to them.

The Development Director is responsible for leading the College’s fundraising and alumni relations activities.

Combination Room Committee (CR)

The CR Committee is the students’ representative union within College. It consists of a group of current members of the College elected by the student body twice a year and it has own constitution governing its operations, as well as its own budget. There are a variety of Officers with different roles encompassing the full spectrum of College life. To find out more about these roles and who is currently on the CR Committee, visit the CR website.

Logistics

Here you will find some important information regarding the logistics of your big move.

Accommodation

If you have been given a room in College, you have nothing to worry about. Just head on to Reception when you arrive and everything will be sorted. If you have been given a room in Swirles’ Court, you can go directly there to check in.
If you have not been given a room in College, there are a number of options. The University Accommodation Service website can give you useful information and advice on how to find accommodation. You will also be able to register to search for both university-owned (other colleges) and private proprieties. Commercial estate agents can also be very helpful. You can look for services like Rightmove to find a room or an apartment to share in Cambridge.

That said, your social life is likely to revolve around the College, so it is advisable for first-years to find accommodation within easy access of College. If you need further advice about finding accommodation outside the college, please feel free to contact the Tutorial Office or any of your CR Committee.

**Travelling to Cambridge**

Cambridge’s proximity to London makes it easily accessible using transport links around the UK as well as the multiple London international airports. There are several ways of getting to Cambridge, depending on where you are travelling from.

Cambridge Train Station is connected to London King’s Cross and Liverpool Street Stations, London Stansted Airport, and Birmingham. Full information on train times and prices can be found on the National Rail website.

Most people flying to Cambridge will come via a London airport. Stansted is the nearest airport and accessible by direct train connection. London Luton airport requires either going into London and then taking a train to Cambridge, or taking a coach directly with National Express. The other main London airports, Heathrow and Gatwick, require that you cross London first using the Underground system and then take a train to Cambridge via King’s Cross. However, Gatwick and Heathrow airports both have direct coach services that will take you to Cambridge which is less stressful than the train when travelling with luggage.

If you plan on making frequent train journeys during the upcoming academic year, you might want to consider purchasing a “16-25 Railcard” at the train station, which will give you 1/3 off all rail travel for a year (www.16-25railcard.co.uk). If you are over 25 and a student, regardless of where you are from, you can also get one of these cards but only once you have arrived as you will need the Tutorial Office to sign a letter proving your student status. The railcard costs £30 and you’ll need to take a passport photo and ID with you. There are also separate railcards to support students with disabilities.
Finding Eddies within Cambridge

Cambridge is a relatively small city so once you arrive, the College is not too far away!

St Edmund’s is a good 40-45 minutes’ walk from the train station, or 20-25 minutes from Parker’s Piece (where coaches alight). Swirles court is another 30-40 minute walk from the College’s main site, in the Eddington neighbourhood.

Since you will probably have heavy luggage when you first arrive in Cambridge, you will probably want to book a taxi (cab). Taxis are available any time of the day for a fare of £8-15 when travelling to College.

Taxis are nearly always waiting for passengers at the rail and bus stations so there’s often no need to book. However, if you need a taxi number call ‘Panther Taxis’ (01223 715715), or download their [app](#).
Things to bring

Life in Cambridge can be a bit eccentric at times. Everybody manages to get used to and even embrace its quirks but it is important to arrive with an open mind, and prepare as best you can. Here is a list of things that we have found helpful to pack:

1. Bring important documents such as: your student Visa (if you are from outside the EU), Passport, Relevant ID, University/College admission papers, accommodation confirmation papers, Bursary/Grant papers, insurance etc. Make sure these documents are in your hand luggage.

2. As a student you are covered by Britain’s National Health Service (NHS) medical insurance. However, because the NHS is a public institution, queues can be long. Moreover, you should not assume that a British doctor will agree to prescribe you the specific medication you want. To be on the safe side, we recommend that you bring with you any unusual medical items that you may need. If you need eye-glasses, consider purchasing them before leaving home - in the UK eye-wear is quite expensive.

3. Cambridge weather can get pretty cold in the winter. You will want clothes that can cope with temperatures as low as -10°C as well as both light and heavy rain! But keep in mind it can also get up to 30°C on hot summer days. We recommend you bring with you a raincoat, a warm winter coat, sturdy shoes, a warm hat, gloves, a scarf, an umbrella, and a lounge suit/dress (compulsory for formal hall dinners and matriculation). All these items can be purchased in Cambridge, but not always at student-friendly prices!

4. People often forget to bring adapters for their electrical/electronic devices. The UK uses a 240V electric grid with 3-hole sockets. Some adapters are available at the College Reception, but it is not guaranteed they will be in stock. You should bring an adapter of your own to be on the safe side (or purchase one as soon as you arrive at any supermarket in town). All electrical items fitted with an international plug will also need to be electric tested.

5. Bank accounts may take a few days to open. It is highly recommended that you have some cash to cover small expenses that arise in the first few days (e.g. groceries, internet access, transport to Cambridge).

6. Being far from home/home culture can be stressful, and the pressures of Cambridge can sometimes add to this. Many of our students have remarked that they enjoy having something that brings them comfort or reminds them of home to keep in their room.

Finances

Finance is often one of the key worries and principal issues to address when you first arrive in Cambridge. The College and the University should have already provided information regarding the fees for studying in Cambridge.
The best people to contact regarding financial issues are either your College Tutor (see Welfare Matters) or the Bursar (bursar@st-edmunds.cam.ac.uk). The College is understanding regarding these issues (particularly in the first term) however please contact the relevant people as soon as you are aware there may be a problem. It is far easier to fix when it’s small rather than letting it grow.

**Opening a Bank Account**

If you’re coming to Cambridge as an international student, one of the first things it is recommended you do when arriving in Cambridge is opening a UK bank account. This can be quite a complex process (each bank needs a different formatted letter) however to make this easier; during Freshers’ Week we hold a ‘Bank Information Session’. In this session, we invite bank representatives into College to give students information on different bank accounts and allow you to open up a bank account there and then – this solves the problem of requiring specific letters as the banks will waive that requirement on this occasion. You’ll also need to bring a Passport, your visa (if you have one) and your College letter confirming your acceptance (this should be given to you when you arrive in College or can be requested from the Tutorial Office).

*So, to avoid the hassle of queuing in town and getting specific letters – come along to our session in college!*  

**College Invoices**

College will send you invoices electronically to your University email account to be paid either termly (most cases) or monthly. These will include accommodation bills, kitchen minimum billing and, depending on how you are funded, college and university fees. All college bills should be paid at the beginning of term to avoid late fees being added.

College accepts payments for college bills in multiple ways however **all payments must be made in GB Pounds Sterling**. Payment methods include:

1. Direct Deposit – full details are available on the bottom of college bills. To find out how to pay online, go to [www.st-edmunds.cam.ac.uk/payments/](http://www.st-edmunds.cam.ac.uk/payments/).
2. Cheque or Bank Transfer – Cheques and Bank Transfers are to be made payable to St Edmund’s College and must be in GB Pounds Sterling.

Cash, cheques, and debit or credit card payments are all done at the College Reception. Please note that a 2% surcharge will be added to your total for credit or international debit card payments. Due to insurance reasons, payments in cash of more than £500 cannot be accepted.

If there is a problem with your bill or you have further questions regarding payment methods, you can go and see the Accounts Office in the Norfolk Building, or alternatively drop them an email at charges@st-edmunds.cam.ac.uk.

All college bills are due at the beginning of each term. A penalty interest charge of 1.5% per month is applied to accounts not paid in full within 14 days of this date unless otherwise agreed in advance with the Bursar.
What to do when you first arrive

The first thing to do when you arrive at St Edmund’s is go to the College Reception, which is at the front of the Norfolk Building. This is most likely going to be open when you arrive, and ideally you should aim to arrive in college during the day, when there will be additional help available for you. Remember to:

1. Collect your university card
2. Sign your room contract if you have accommodation in college

Once you’re done with reception, proceed to the Combination Room. There you will meet students at the Freshers’ Helpdesk who will help you get around and with any other questions you may have. The Freshers’ Helpdesk will be open 8am-8pm so there will definitely be someone there.

If you expect to arrive during the night, reception is still open but it is worthwhile letting the Rooms Administrator know in advance (accommodation@st-edmunds.cam.ac.uk). You may also want to make a note of the College’s Out of Hours number (+44 (0)7879 116877) should there be any problems.

During your first week, we recommend that you also register with the NHS. You will find the registration forms at the Freshers’ Helpdesk but you will have to take the form to the local practice in person. The closest surgery is the Huntingdon Road Surgery, just up Mount Pleasant and around the corner to Huntingdon Road.

When selecting your arrival date in Cambridge, bear in mind the start of Freshers’ week.

Mandatory College events begin on Friday 28 September and it is important that you arrive before then if at all possible.

Academic Matters

The University of Cambridge is famous for its quirks regarding academic matters, as you will soon find out. The following is a compilation of the most pressing matters for incoming students, to help you navigate during your first few weeks.

Term Names and Dates

The year at Cambridge is broken up into three 8-week terms, with 6-weeks between. Full Term dates for the 2018-2019 Year are:

- Michaelmas Term: 2 October - 30 November
- Lent Term: 15 January - 15 March
- Easter Term: 23 April - 14 June

Undergraduate and graduate students alike are expected to come into residence no later than the first day of Full Term and to remain in Cambridge for the entirety of Full Term. This is what we call Keeping Term. As a graduate student, if you need to be away for more than two weeks, you must apply for leave to work away via your CamSIS self-service.
**Matriculation**

Matriculation is your official entry into the University and the College. At St Edmund’s these take the form of a short service in the college chapel where you are greeted by the Master before a formal Matriculation Dinner in the dining hall. Academic gowns and formal wear (lounge suit/dress) are required.

There are three independent matriculations held on **Friday October 5**, **Monday October 8**, and **Friday October 26**, due to limited space in both the chapel and dining hall (they can’t all be done at once). The Tutorial Office will inform you which matriculation ceremony you will be attending either by email or letter in your pigeonhole. If for whatever reason you can’t attend the ceremony they assign you to, please get in touch with them as soon as possible (either go and see them in the Norfolk Building or email tutorial@st-edmunds.cam.ac.uk). Matriculation is mandatory, so be sure to be in attendance.

**Director of Studies**

As an undergraduate, you will have a Director of Studies (DoS) who will be responsible for overseeing your academic progress during your time at Cambridge. Details of your DoS and Tutor can be found on your CamSIS page or by contacting the Tutorial Office (tutorial@st-edmunds.cam.ac.uk).

**Supervision and Exams**

Cambridge’s educational programme is intensive and highly personalised. You have access to an immense array of knowledge and information, but in order to gain the most from this experience you have to pro-actively engage with the learning opportunities that are presented to you. Throughout the year there will be several tasks you will be asked to perform or essays to write, which you will have to submit to your supervisors prior to meeting them in a supervision.

For most programmes involving exams, Easter term is when the bulk of those exams (if not all of them) will take place. To aid with exam preparation, the College typically offers access to extra study rooms, and the CR Welfare team holds exam care events in the evenings. If you have specific accommodation requirements for exams, please speak to your Tutor and the Disability Resource Centre (DRC) before Easter term begins.

If you are coming in for a research-based degree, like an MPhil, MRes, or a PhD, deadlines for dissertation submissions typically range between June and August, and the work is carried out throughout the academic year.

**Undergraduate Supervisions**

If you are an undergraduate at Cambridge, you will receive standard lectures that are organised by departments across the University. You will also receive supervisions that are usually organised by the College. The supervision system makes Cambridge unique compared to other universities. These small group teaching and discussion sessions are where learning occurs on a more one-to-one level.
Undergraduate grading is based on the UK wide degree classification system. Work will be typically given a grading ranging from a 1\textsuperscript{st}, 2\textsubscript{i}, 2\textsubscript{ii}, 3\textsuperscript{rd} or pass (where a 1\textsuperscript{st} is the highest classification) although some departments use other classifications. This grading system will also be used for your final classification of degree. If you want to know how things will be marked for your subject, ask your Director of Studies.

**Postgraduate Supervisions**
As a one-year postgraduate student, you will work with a course organiser or supervisor who is responsible for overseeing your degree plan. One-year students are also often required to attend lectures and seminars as part of their course work.

PhD Students are assigned a supervisor by their department whose area of expertise is similar to their proposed thesis topic. Postgrads work very closely with their supervisor; so it is important to develop a good relationship with them. You may also be assigned an advisor and will be assigned a College Tutor from St Edmund’s. All of these individuals will help you with your scholarly and personal achievements while you are at Cambridge.

**Welfare Matters**
Cambridge can be stressful, and it’s important to prioritise your welfare. You can seek support from the College, your CR, and University sources.

**CR Resources**
Several members of the CR committee are there to help with student welfare, led by the **CR Welfare Officers** (cr-welfare@st-edmunds.cam.ac.uk). The Welfare Team consists of: **Women’s** (cr-women@st-edmunds.cam.ac.uk), **Families’** (cr-families@st-edmunds.cam.ac.uk), **BAME** (cr-bame@st-edmunds.cam.ac.uk), and **LGBT** (cr-lgbt@st-edmunds.cam.ac.uk) Officers, to whom you can speak about specific issues. The welfare team are available for confidential conversations and to signpost you to services that will help you manage any concerns you have. The welfare team run events throughout the year including the weekly Sunday Tea and Exam Care evening sessions in exam term. There is also a **Condom Fairy** (cr-condoms@st-edmunds.cam.ac.uk) who will deliver condoms, lube, and pregnancy tests anonymously to your pigeonhole within around 24 hours of request.

**College Resources**
Every student at Eddies is assigned a **College Tutor**, who should connect with you during Freshers’ Week. They are here to provide support for you, by being someone to whom you can speak confidentially about anything from work, money, illness, friends, family, and beyond. They will also help you by signposting you to services that can offer more support, and guiding you with supervisor relationships and financial aid forms. You may ask to see any Tutor (including the Senior Tutor) at any time. If you have an urgent query or problem and you can’t reach your Tutor, you can always ring the Tutorial Office.
Eddies has a College Nurse, Taryn Rothwell who is available to help with any concerns both to undergraduates and graduates with a wide variety of health and welfare needs, ranging from help and advice with minor illnesses and injuries to support for emotional issues. If you have ongoing health condition please come and see Taryn at the earliest opportunity, to discuss your needs and the support available. It is especially important for any student who has a (potentially) serious condition such as life-threatening allergy (Anaphylaxis), Asthma, Diabetes or Epilepsy or a disability to see her as soon as possible to provide the support you might need during your stay in Cambridge.

In addition to these, the College Dean is also available to provide pastoral care. He is also a good point of contact if you have any query or request regarding any religious practices.

Catering tries to accommodate any of your dietary needs whether for health, religious, or lifestyle reasons. If you have any specific Dietary Requirements you can e-mail catering (catering@st-edmunds.cam.ac.uk) and are always welcome to speak to the Staff in Hall directly.

**University Resources**

The University offers a Counselling Service. Wait times for this service can be long, so if you think it is a service you may need, it is good to sign up early. However, please do not hesitate to speak to your Tutor or Disability Advisor as the wait time can be shortened. Individual academic departments may also have their own welfare provisions. UCS offers group sessions, which tend to have a shorter waiting period. Alternatively, your GP (Doctor) can refer you for Counselling on the NHS, wherever you are from. If you find yourself in crisis, you can contact Cambridge Nightline (01223 744444), Samaritans (01223 116123), or the Emergency Services (999).

The Disability Resource Centre is there to offer support for students with a range of disabilities, from dyslexia, to anxiety, to eating disorders. If you have a disability, it is important that you register with them so that you can claim any reasonable adjustments (e.g deadline extensions or special conditions to take exams) and adaptations that you may require in order to complete your studies. They offer services such as mentoring, assistance with navigating University systems, and study skills counselling. You are invited to contact them should you have any questions or desire any assistance from them.

In addition to formal University departments, CUSU (Cambridge University Student’s Union) has a number of support programmes for students. The last section of this guide (Useful Links and Contacts) includes links to: the CUSU Advice Service, Samaritans, University Counselling Services, and more.
Life in College
During term time, the CR is a lively and friendly place with a number of events to suit all tastes. Keep an eye on the students’ Facebook group for information regarding events that are organised throughout term.

Meals in College
All members of College are required to pay a termly Kitchen Minimum Billing. All standard meals in College are cafeteria style - simply go to the Dining Hall during meal times and make sure to take your university card to pay for your meal. The meal times during term time are as follows.

- **Breakfast:** Monday to Friday from 8:00am to 9:30am
- **Lunch:** Monday to Friday, and Sunday from 12:30pm to 1:30 pm
- **Dinner:** Monday to Friday from 6:30pm to 7:45pm if there is no Formal Hall
  from 6:00pm to 6:45pm on Formal Hall and College Guest Nights
- **Brunch:** Only on Saturday from 11:00am to 12:30pm

The weekly menu is posted on the College website. In addition to this, there is tea, coffee, and biscuits every weekday at 11am and 3pm, and on Sundays at 4pm. This is a time where the whole college gathers and socialises!

Formal Halls and College Guest Nights
A huge part of Cambridge tradition is the regular occurrence of Formal Hall nights. On these occasions, students and other guests of the College gather for a formal three-course meal held in the College Dining Hall. These events provide the opportunity to engage in rich and stimulating conversation with a wide host of guests from all backgrounds, as well as being a great way to showcase the College to friends and family. Lounge suits or formal dress and academic gowns must be worn by Eddies students. College Guest Nights are more formal, with an extra course of cheese and port wine served at the end of the dinner.

Buying an Academic Gown
As mentioned, the academic gown is an important piece of clothing that you must wear at least twice during your time in Cambridge (Matriculation and Graduation) and will likely wear more. You can get a second-hand gown from a former student (just contact anyone in the CR) or from the Graduate Union shop, or buy a new one from Ryder & Amies in the centre of town.

College Societies and Clubs
Eddies has several College Societies in which all members can participate. These include the Music Society, the Poetry Society, an assortment of Sports Clubs like Rowing and Squash, among others. To find out about the Societies come to the Eddies Societies Fair scheduled for Freshers’ Week. There are also University-wide Societies, which are advertised during the University Freshers’ Fair.

Employment Opportunities at the College
There are a number of bespoke employment opportunities at the College. Keep your eyes open as these come up fairly regularly!
Emergency Contacts and Protocol
The College has a protocol in place if you feel unsafe or wish to report any incident. During office hours, the first point of contact is **Reception**. Outside of office hours, you should call the **Out of Hours Coordinator**. Starting this year (once recruitment and training has been completed), the College will feature **Night Porters** throughout the week. The next step is the **Cambridge Police Department** if you feel your safety or that of others is at risk. For non-emergent medical situations, you can call the **NHS Non-Emergency Help-Line**. For all other situations, please refer to the **Emergency Services**.

1. **Reception**
   - Monday – Thursday (until midnight)
   - Friday (until 1 am)
   - Saturday -Sunday (until midnight)
   - Telephone: +44 (0)1223 336250

2. **Out of Hours Coordinator / Night Porters**
   - Telephone: +44 (0)1223 336250, +44 (0)7879 116877

3. **Cambridge Police Department**
   - Telephone: +44 (0)1223 358966

4. **NHS Non-Emergency Help-Line**
   - Telephone: 111 (available 24 hours)

5. **Emergency Services**
   - Telephone: 999 or 112

Maintenance Support
If you live in College and notice a problem with the facilities or accommodation, you can submit a maintenance request to notify the team, who will look into it as soon as possible. Alternatively, you can email maintenance@st-edmunds.cam.ac.uk. For IT-related issues you can email the IT manager in College at it-support@st-edmunds.cam.ac.uk.

Cambridge Glossary
**Bop** - a student party, organised by students.
**Common Room** - shared space between all members of a College. Not to be confused with CR/MCR.
**CR & MCR** - the students’ union representing students at a College. Most Colleges separate undergraduate and graduate students by including a Junior CR (JCR) and a Middle CR (MCR), distinct from the Senior CR (SCR) which is designated for Fellows.
**CUSU** - intercollegiate students’ unions at the University. CUSU represents undergraduate and graduate students alike.
**Director of Studies** - person responsible to oversee the academic progress of undergraduate students.
**Fellow** - a senior member of a College, typically an academic.
**Formal Hall** - a formal multi-course meal held by a College. Formal dress and gown required.
**Matriculation** - the formal process of registering as a member of the University.
**May Ball & May Week** - the period after Tripos exams have finished but before undergraduates leave; dedicated to May Balls which are all-night parties. Each College has one, contact the CR Committee if you'd like to get involved in the organisation.

**Pigeonhole** - compartment in College where incoming mail is left. Each student has their own allocated pigeonhole.

**Porters** - College employee who gives information to visitors and students. Equivalent to Receptionist.

**Punts** - A long, narrow, flat-bottomed boat used to navigate the River Cam.

**Supervision** - a small-group teaching session for undergraduates lead by an academic or a graduate student, and normally attended by one to three undergraduates. For undergraduates, this is perhaps the most important part of their course.

**Swaps** - organised visits to other colleges' formal halls.

**Term** - Three periods during the Academical Year defined by the University. Terms must be “kept” by full-time students to qualify for a degree. A Term is kept by spending a number of nights determined by the University resident in Cambridge during that Term. The first term (October - December) is called Michaelmas Term, the second term (January - April) is called Lent Term, and the third term (April - June) is called Easter Term.

**Tutor** - person responsible to oversee the welfare of College students. Each student has their own Tutor.

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**Useful Links and Contacts**

**College Documents & Pages**

Here is a number of useful documents and links for you to look over:

- Freshers’ Week Calendar
- Blue Book, Policies, and Statutory Documents
- College Calendar
- College Map
- St Edmund's CR
- Cambridge University Students’ Union (CUSU)
- Cambridge University Graduate Union
- CUSU Freshers’ Website
- Formal Dinner Booking
- Meal Card Balance
- Printer Balance
- College Laundry Account
- Punt Booking

**Welfare Links**

- St Edmund’s College Nurse
- University Counselling Service: 01223 332865
- Disability Resource Centre: 01223 332301
- Cambridge Nightline: 01223 744444 (19:00-07:00 during Full Term)
- Samaritans: 01223 116123
- CUSU Advice Service

**Travel Links**

- Panther Taxis: 01223 715715
- National Rail
- Buses in Cambridge